

Education and training for career practice in education and employment in Portugal: Realities and horizons - challenges during the pandemic crisis





01.

GOALS

02.

METHODOLOGY



03.

RESULTS



04.

CONCLUSIONS





Realize how career guidance from different sectors faced the challenges associated with lockdown

Understand the value of digital skills in their work

Understand the extent to which initial training includes digital skills

Understand how professionals and those responsible for training are addressing the gaps in this area

01.





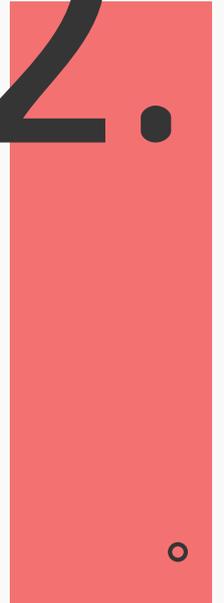
Analyze the curricula of the higher education schools

Interviews to those responsible for initial training

Questionnaire for practitioners

Questionnaire for students in higher education

02.

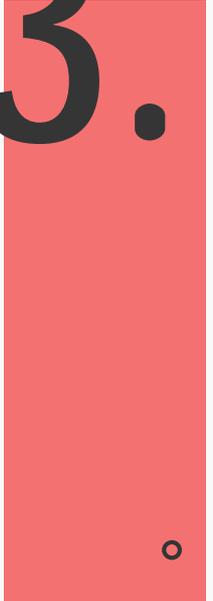




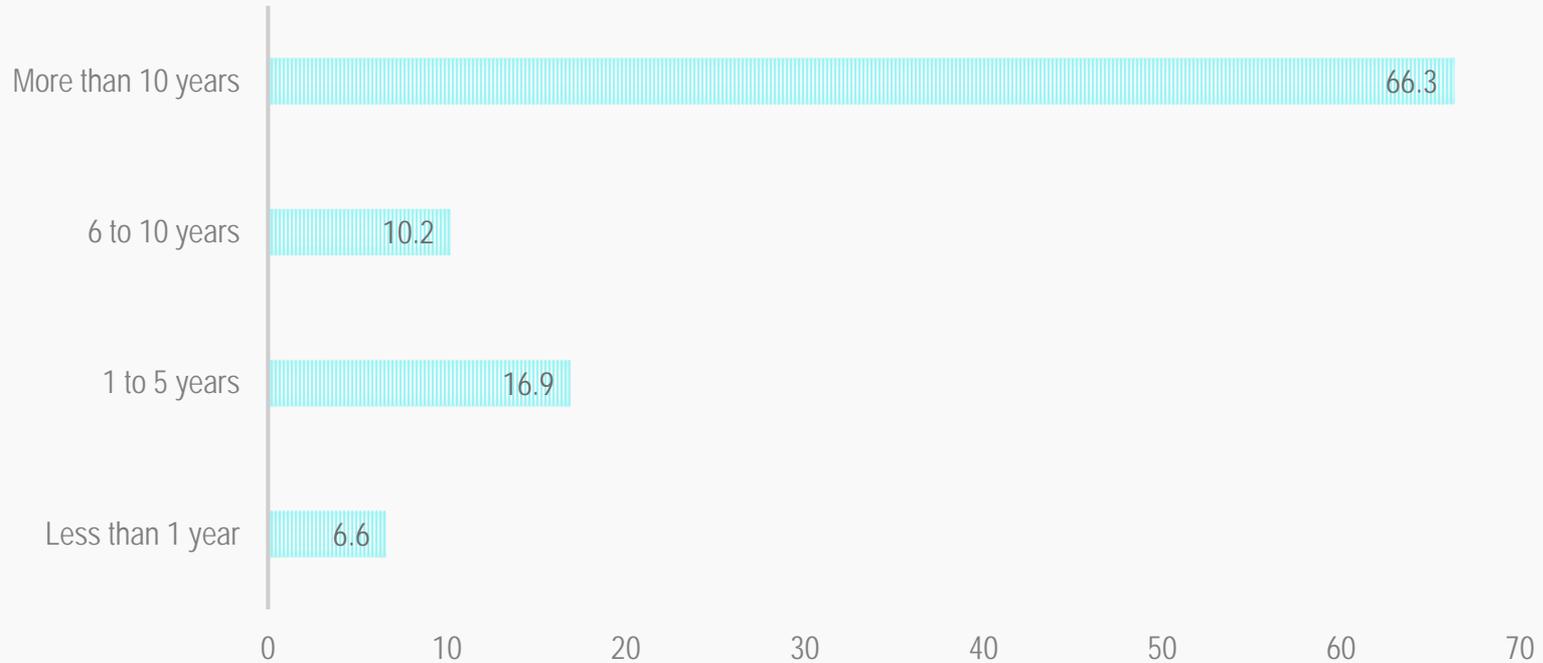
RESULTS

Practitioners (N=167)

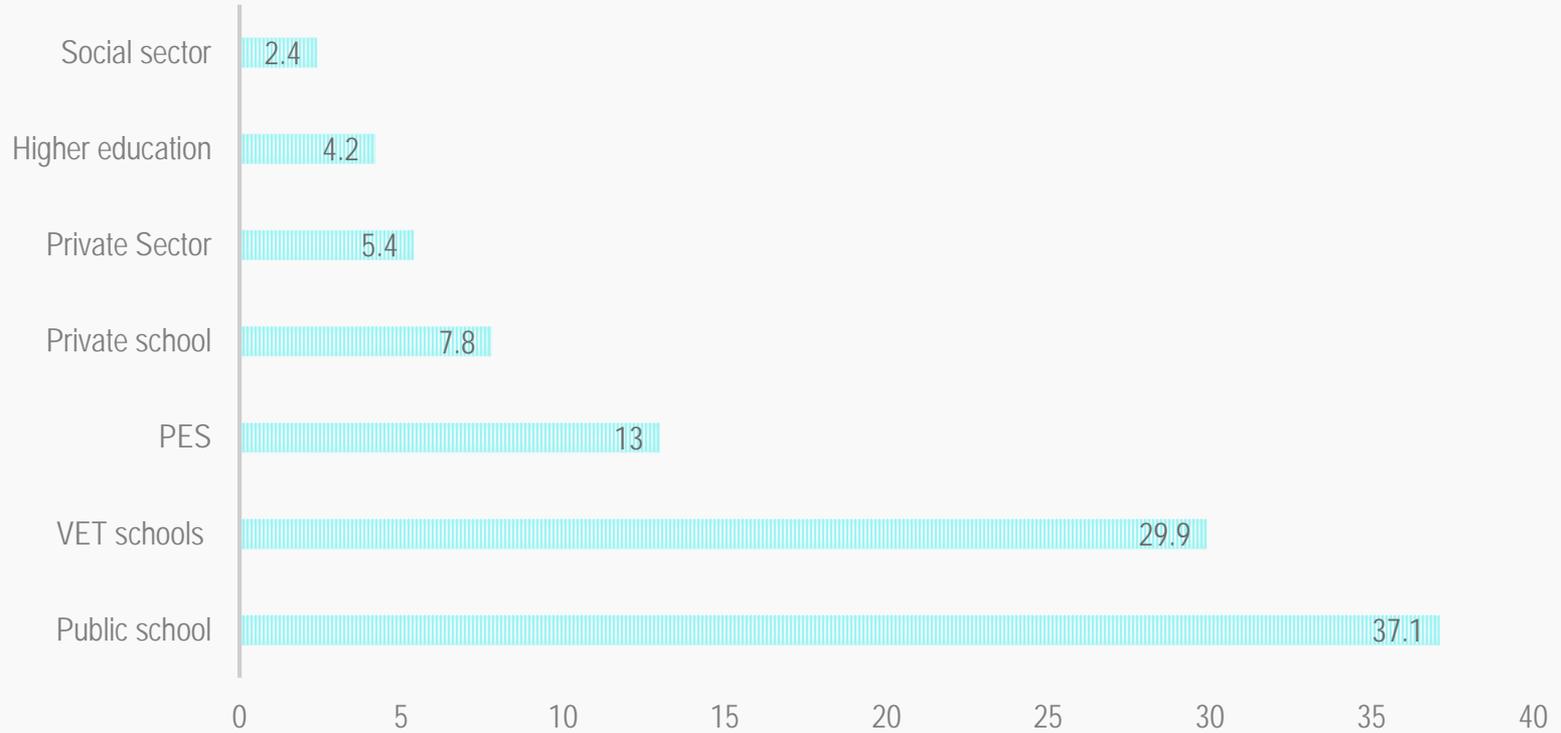
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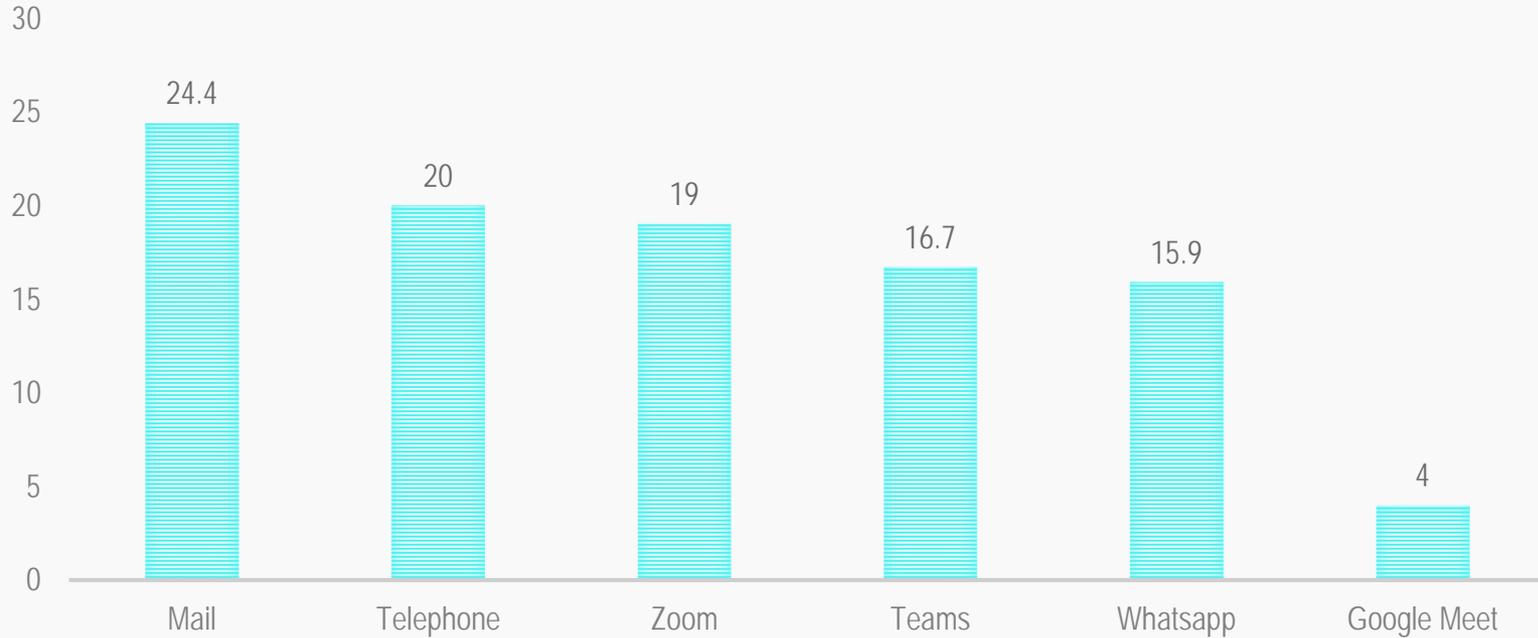
Duration of service in the field of guidance and career development



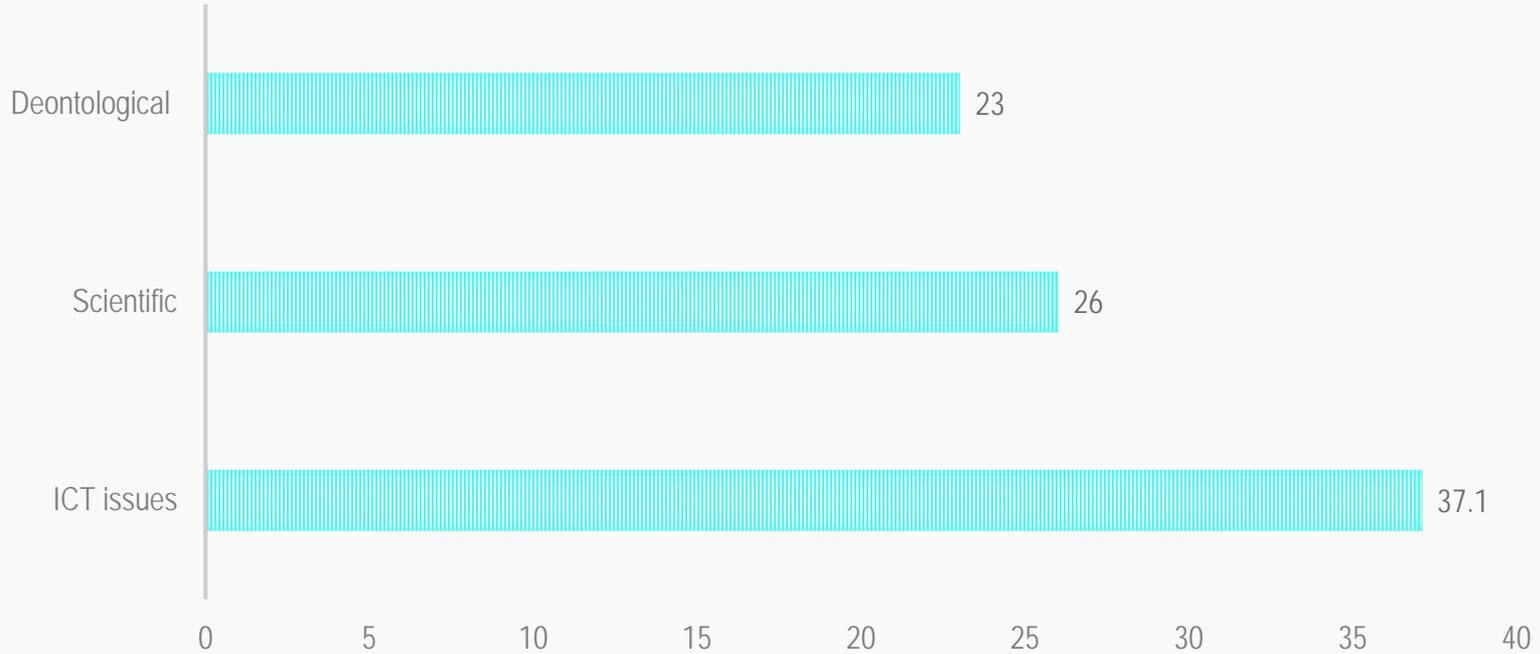
Sector of activity



In the context of lockdown, with which tools have you continued your activity with the target audiences with whom you work?

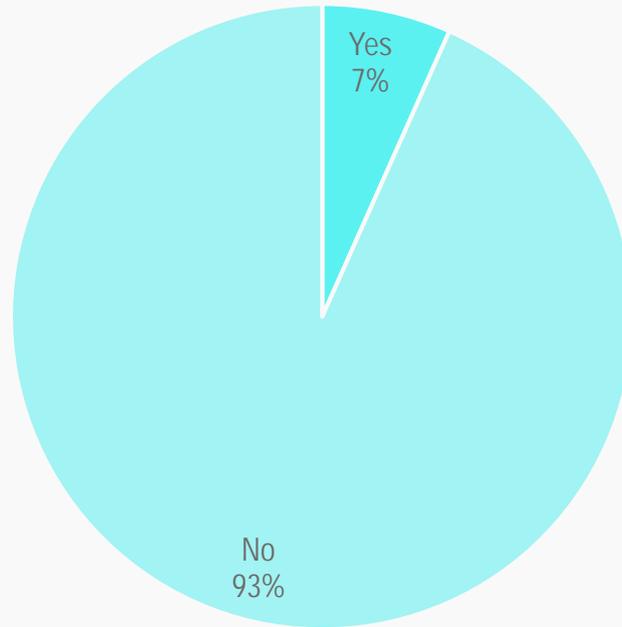


What are the greatest difficulties you have experienced?



■

If you work with children or young people under the age of 18, were there any resistance/difficulties on the part of parents or guardians?

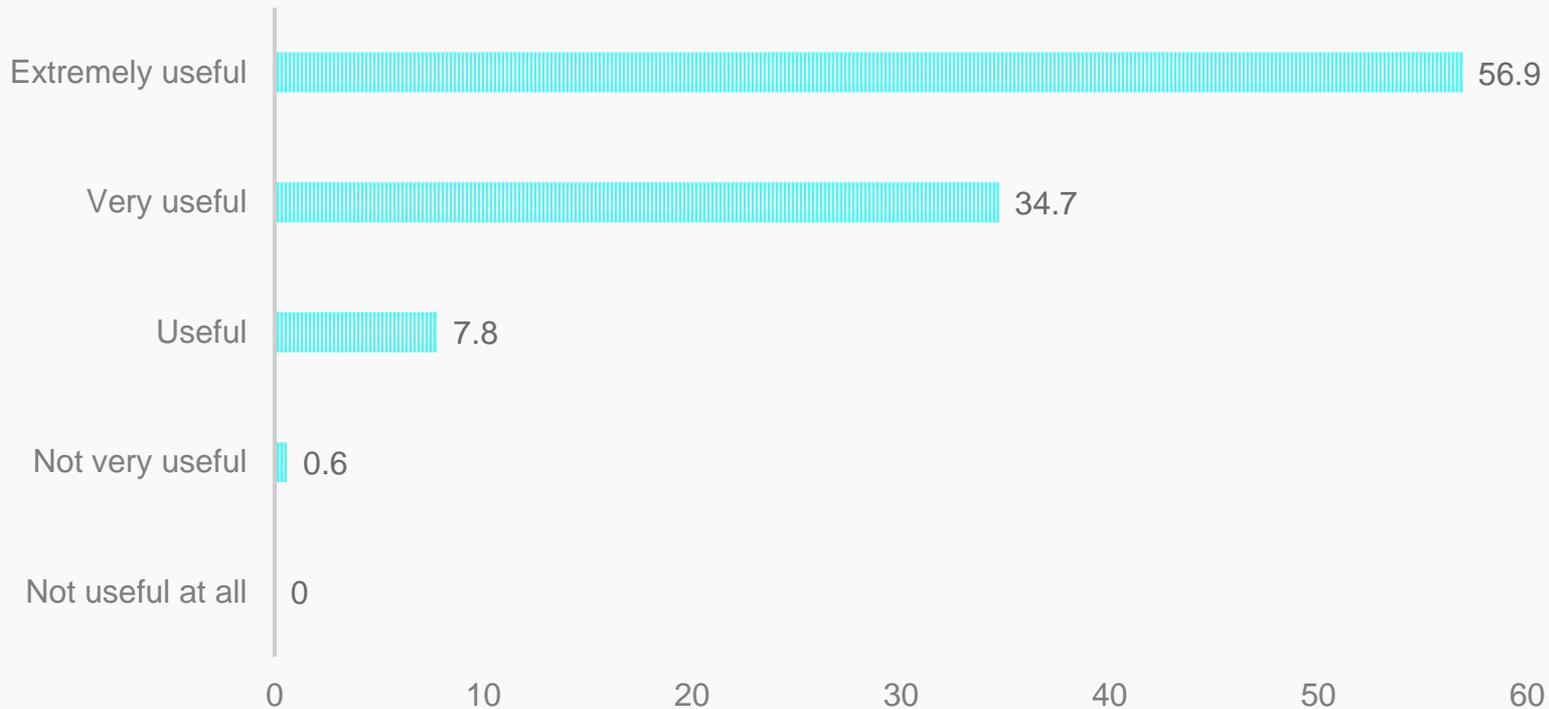


(N=135)

□



To what extent do you find digital skills useful for your professional development?

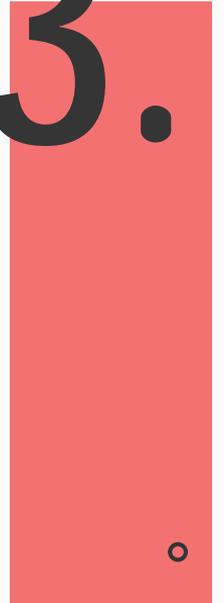




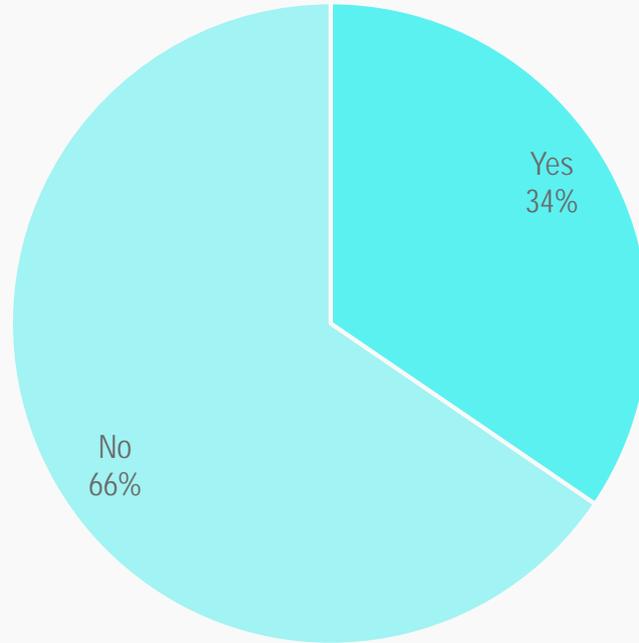
RESULTS

HE Students (N=17)

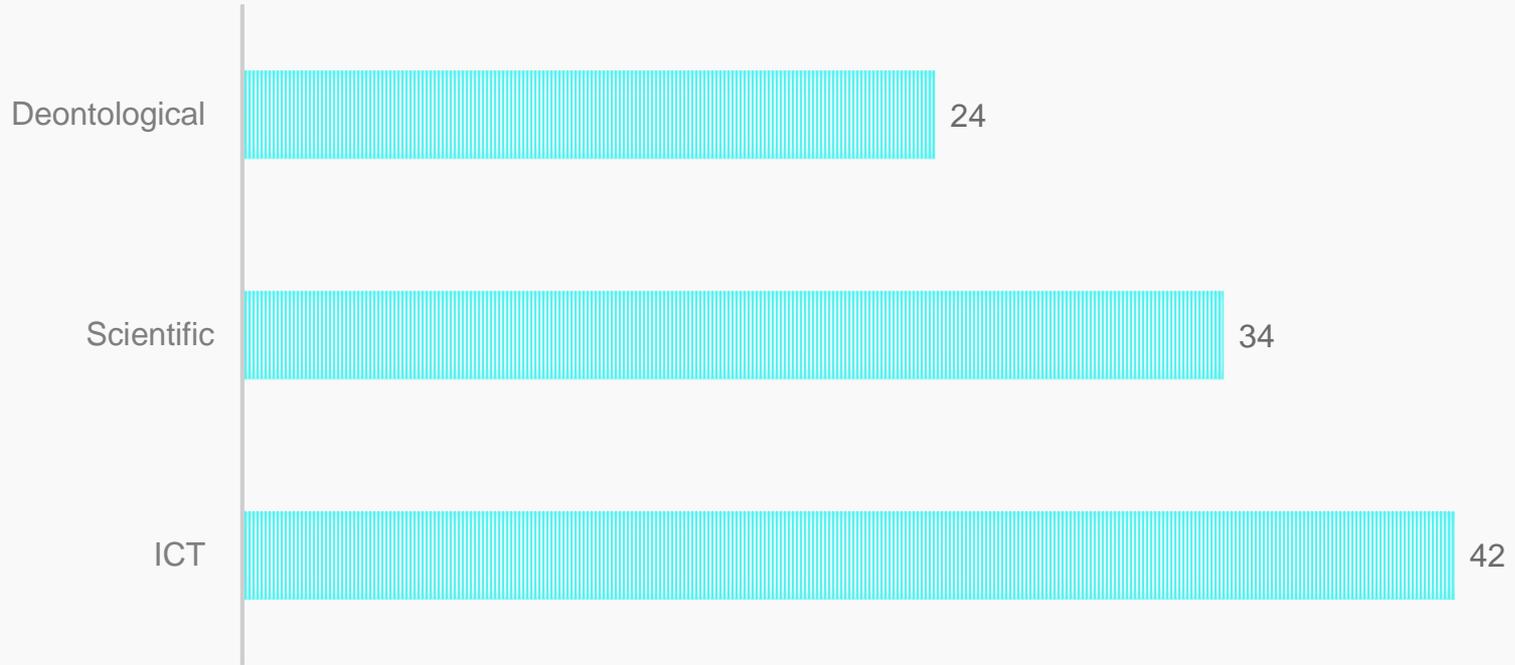
03.



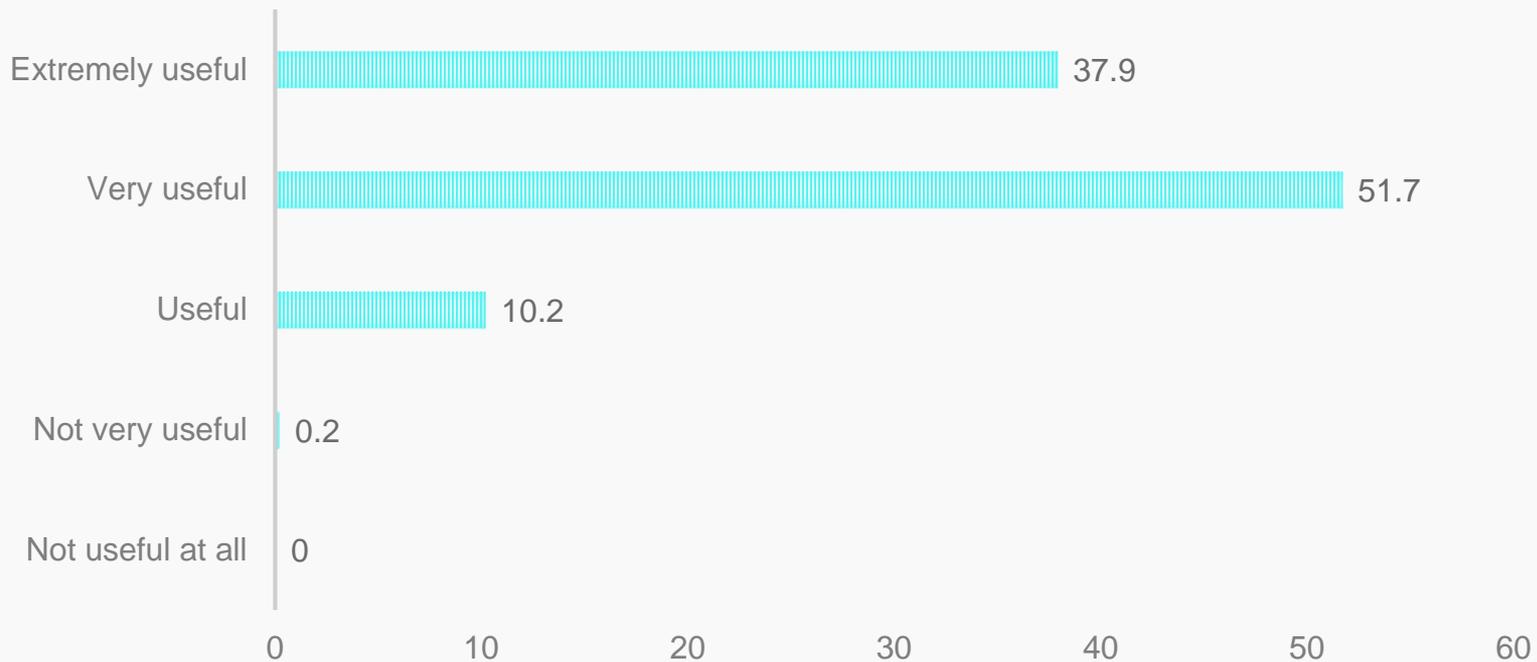
Does your training address digital skills?



What subjects do you want to be considered?



To what extent do you find digital skills useful for your future work?

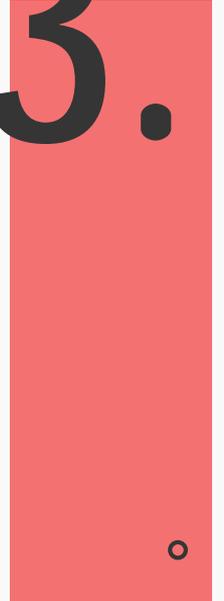




RESULTS

Universities (N=6)

03.



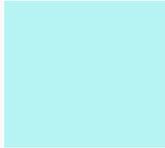


Does Career Counsellors Training Include DC?

"Not directly - these skills are acquired throughout the course (undergraduate and master's), within the scope of several curricular units."

"Does not include. Digital competences are the responsibility of each one and the training and development of these competences are carried out outside the curriculum structure (eg extra curricular training)."

"Yes, the Master's Degree in Educational Psychology offers an optional course unit - Internet Psychology and Psychopedagogical Processes - whose main objective is to envisage a current comprehensive approach to research carried out within the scope of psychology and the use of social software technologies."



What do you plan on doing?

"I think it has to be. But be careful! There is a risk of distorting the essence of the psychological relationship - listening to the other and giving a useful sense to guidance and counseling."

"The pandemic situation gave rise to a greater concern with the psychological intervention carried out digitally and the various UCs seek to include these issues in their classes (since March)."

"It has been a concern to focus these themes on issues related to psychological assessment and counseling, the use of online psychological assessment instruments and, in general, forms of psychological intervention and monitoring / counseling through the use of digital technologies."



CONCLUSIONS

04.



01

Practitioners

Mostly, both young people and adults adhered well

Recognized the importance of digital skills

Sharing with colleagues, self-training and documents produced by Portuguese Association of Psychologists were the most used strategies in order to face the challenges

02

HE students and responsible for initial training

Most of them consider that initial training does not prepare them with digital skills

Recognized the importance of digital skills

Such as seen with the career counsellors, the biggest gap is related to the usage of ACT tools



THANK YOU!



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