

European Network Against Bullying in Learning resource pack

Description

The ENABLE resource pack contains training material for teachers and youth leaders/peer supporters, lesson plans, activities and resources, campaign ideas for schools, information for parents, and implementation guidelines.

Beneficiaries

Teachers, peer supporters, parents and carers.

Countries



Belgium



Croatia



Denmark



Greece



Hungary



Portugal



United Kingdom

Date of creation of toolkit and periodicity of updates

2016

Purpose of the toolkit

ENABLE (European Network Against Bullying in Learning and Leisure Environments) aims to contribute to the well-being of children by drawing methodologies that have proven successful in tackling bullying to create a holistic, skill-development approach.

Description of each of the tools

The project has the following outputs:

- A systematic review of anti-bullying methodologies, published in structured data sheets,
- An accessible book on bullying and anti-bullying methodologies,
- Social and emotional learning lesson plans and modules, easily integrated into

- school curricula,
- Peer training resources and courses for students, parents/carers and other key influencers,
- Adaptable courses and peer training for teachers, school staff, young people,
- Training sessions for parents/carers,
- Training material and training for helplines and school psychologists,
- Innovative on- and offline applications for youth to reflect on and counter bullying.

Type of indicators used in the identification of learners at risk of early leaving

There is a list of signs provided in the resource documents that are used to detect the signs of bullying. These include:

- unexplained bruises or marks on the body,
- broken or missing possessions,
- becoming withdrawn,
- changes in behaviour such as becoming aggressive at home or changes in eating habits,
- a lack of energy,
- problems sleeping,
- suddenly doing less well at school,
- less willing to talk about their day and becoming,
- defensive when asked about it,
- avoiding school, making excuses or claiming they are,
- unwell,
- talking less about friends and seeing them less than usual,
- being protective over their phone, laptop or tablet and
- spending more time than usual on them.

Type of guidance given to users

Detailed information about the resource pack is provided in the section 1 of the report. (See link below for further details).

Source of information of the different tools

The toolkit was prepared as part of the a project financed by the Daphne Programme of the European Union.

Link/s to the toolkit and further information

https://www.internetsegura.pt/sites/default/files/2019-12/ENABLE%20Booklet_February%202016.pdf

Downloads

Related intervention approaches



Community involvement

Source URL: <https://www.cedefop.europa.eu/en/en/tools/vet-toolkit-tackling-early-leaving/resources/european-network-against-bullying-learning-resource-pack>