



Positive self-perception linked to learning ability

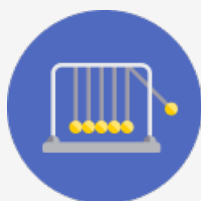
Description

A long history of negative experiences in education and training ends up undermining students' confidence in their learning abilities. This has a negative impact on self-esteem.

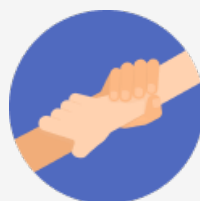
Many vocational education and training (VET) students have already faced difficulties in general education, and may have dropped out from school. Low achievement in general education, and a first instance of dropping out, can contribute to a negative self-perception. Many of these students end up by internalising a vision of themselves as 'poor students'. If learners face serious difficulties again in a VET programme, chances are that they will leave education and training for good.

Some of these young people need to strengthen their self-confidence and rediscover an interest in learning in order to positively engage in education and training.

Related intervention approaches



Building motivation to learn



One-to-one support through coaching or mentoring



Second chance measures

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