

# A systemic approach to teacher well-being

*Pathways to school success - Policy brief*

## Description

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This policy brief addresses the growing pressures faced by teachers across Europe, including heavy administrative workloads, limited time for collaboration, insufficient support, and uneven leadership capacity, which contribute to stress and burnout. It argues that teacher well-being is a prerequisite for high-quality teaching, staff retention, and equitable learning outcomes, and should be treated as a systemic priority. The brief recommends reducing administrative burdens, strengthening school-level support structures, and fostering collaborative school cultures that sustain educators over time. Investment in leadership development and professional growth is also highlighted as essential for building resilient and effective school systems.

## Countries

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 EU level

## Downloads

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 Pathways to school success: A systemic approach to teacher well-being

EN

## Related intervention approaches

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**Professional development  
for inclusive teaching and  
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