

# Digital well-being in education: Policy Mapping Report

*WINDEE Project*

## Description

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This report provides an analytical overview of digital well-being policies in education across five European countries (Spain, Lithuania, Estonia, Finland, and Malta) involved in the WINDEE project, examining how education systems address both the opportunities and challenges of technology-rich learning environments. It provides an analytical overview of existing policies, identifies best practices and gaps, and offers evidence-based recommendations to help policymakers and educators support the physical, mental, and social well-being of students and teachers in increasingly digital educational contexts.


## Countries

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 EU level

## Downloads

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 Digital well-being in education: policy mapping

EN

## Related intervention approaches

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**Digital inclusion and well-being**



**Professional development for inclusive teaching and training**

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