

Digital Well-being Framework

WINDEE Project - Well-being in digital education ecosystem

Description

The Digital Well-Being Framework has been developed in the context of the WINDEE project, funded by the European Commission for enhancing digital well-being in European education.

The framework helps schools understand the factors influencing digital well-being and provides practical strategies to support students, teachers, and school communities in maintaining a healthy balance between digital engagement, learning quality, and mental, emotional, and social well-being.

Countries

 EU level

Downloads

 Digital Well-being Framework

EN

Related intervention approaches



Digital inclusion and well-being



Professional development for inclusive teaching and training

