

Polish Outdoor Learning Handbook

Curriculum for outdoor learning trainers

Description

The Polish Outdoor Learning (POL) handbook provides a comprehensive guide for Outdoor Learning (OL) trainers, covering the benefits, methodology, group dynamics, individual development, logistics, and safety considerations of the POL Curriculum. The handbook emphasises the importance of group dynamics, individual development, and logistics, while also highlighting the need for eco-perspective and sustainable development. Additionally, it addresses the inclusion of children in OL, including safety considerations, childcare arrangements, and activities tailored to children's needs. The handbook serves as a technical and logistical guide for OL trainers, equipping them with the necessary tools to design and deliver effective outdoor learning experiences that promote personal growth, social development, and environmental awareness.

Countries

 Norway

 Poland

Downloads

 Polish Outdoor Learning Handbook

[EN](#)

Related intervention approaches



**Helping female NEETs
(re)integrate into education,
employment or training**



**Offering mentorship
programmes to NEETs**

Related resources

Good practices



Polish Outdoor Learning - POL

A programme specifically targeting women aged 18-35 who are not in employment or engaged in education, apprenticeships, or traineeships, aiming to keep them motivated and equip them with the necessary skills to (re-)enter the labour market.



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