

Mentor, a NEET surprise for you!

A handbook on mentorship for working with young people from vulnerable backgrounds

Description

This comprehensive guide for mentors is specifically designed for working with NEETs from vulnerable backgrounds. The guide is linked to a good practice example of working with NEETs (Preseneeti) and outlines key competences and stages of the mentoring process. It focuses on the mentoring process diving in different methodological approaches, and techniques that can be used by mentors. By creating a safe space, they help mentees build confidence, identify strengths/weaknesses, and develop a growth mindset through active listening, questioning, and feedback, while adapting to their unique needs.

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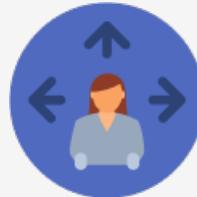
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Related intervention approaches



Offering mentorship programmes to NEETs



Lifelong guidance: supporting NEETs to manage their careers

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Good practices



PreseNEETi se

Empowerment and integration of NEETs into the labour market and development of a comprehensive programme support services for NEETs, including the solutions on systemic level

The project focused on empowerment and social activation of NEETs, contributed to the establishment of support services for NEETs through improved education and supporting social environment. It empowered 30 unemployed and inactive young people to all take a big step towards active inclusion in the society, by getting a job, becoming a volunteer or an active jobseeker. Each of the 30 NEETs was continuously supported by two trained youth mentors.



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