

Wellbeing and mental health at school

EC guidelines for education policymakers

Description

The European Commission has developed concrete, hands-on guidelines for education policymakers to address wellbeing and mental health at school, emphasising the importance of a whole-system, whole-school approach (WSA) to wellbeing and mental health. The guidelines consist of 11 recommendations, including establishing a positive school climate, integrating social and emotional education into the curriculum, fostering collaborative partnerships, and promoting wellbeing in the digital age.

Countries

 EU level

Downloads

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EN

Related intervention approaches



Digital inclusion and well-being

Related protective factors



Health and well-being

Source URL: <https://www.cedefop.europa.eu/en/en/tools/vet-toolkit-tackling-early-leaving/resources/wellbeing-and-mental-health-school>