

Psychosocial support of educational process participants at institutions of vocational education

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Description

The objective of psychosocial support of the educational process participants at the institutions of vocational education who have survived a crisis life event is formulated. It is to promote the preservation of a person in the status of a productive subject of activity, personality and individuality, capable of positive interaction with the world, people and himself/herself. The defined goal is achieved by solving the following tasks: promoting the stabilisation of the emotional state and rational perception of one's life situation; formation of constructive ways of solving the complex life situations; activation of processes of self-awareness, self-perception, self-regulation and self-control; assisting in the creation of a positive image of the future; assistance in taking responsibility for own future; development of social competence and social activity, mastering strategies of successful behaviour; the formation of a focus on personal development and social realisation. To achieve the identified goals and objectives, training programmes for psychosocial support for students and teachers of vocational education institutions have been developed. The indicated programmes were piloted on the basis of five vocational education institutions of the Donetsk region.

Countries

 EU level

Downloads

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